The Mineral Springs Foundation is a 501(C)(3) non-profit organization founded with this mission:

To restore, protect, and publicize the mineral springs of Manitou Springs and to document their historic origins.”

For more information, visit our mobile friendly website www.manitoumineralsprings.org or scan the QR symbol with your smartphone

Call or write and find out how you can donate to help preserve this precious resource.

Mineral Springs Foundation
354 Manitou Avenue
Manitou Springs, CO  80829
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About Us

7 MINUTE SPRING PARK

The crowning jewel of many restorations by the Mineral Springs Foundation, the gazebo at 7 Minute Spring Park incorporates the 1880’s design of a structure that once sheltered the popular Ute Iron spring on Ruxton Avenue.
WHERE THE WATER COMES FROM

The sparkling mineral springs of Manitou Springs are created from deep-seated waters rising through the Rampart Range and Ute Pass faults to mix with the surface waters of the Williams Canyon and Fountain Creek watershed basins. The geologic faults are also the origin of carbon dioxide gas, which adds effervescence to the mineral waters. Each element combines in the Manitou geologic formation, dissolving the limestone to create a cavernous hydrologic system called a karst aquifer.

All of the springs in the Manitou Springs mineral water aquifer system are artesian, meaning they rise to the surface under natural pressure. Each spring has a distinctive taste due to the differences in mineral content, caused by the dissolution of the underground limestone and dolomite.

American Indians view the waters as sacred, a gift from the Great Spirit with medicinal qualities. Fur Trappers and early explorers passed along stories of the healing waters to their successors. The waters along the upper Ruxton corridor became so popular that Joseph Hiestand drilled this spring in 1910 to increase the supply. The pavilion is original and housed a large hand-blown glass font with electric light to showcase the effervescent spring waters. The current font was designed and constructed by Steve Wood.

A resurgence of interest in the natural healing benefits of Manitou’s mineral springs gained momentum during the 1980’s. The public springs were restored and the process continues today.

TAKE A TOUR OF THE MINERAL SPRINGS THAT MADE MANITOU FAMOUS

While visiting, please stop by the Manitou Springs Chamber of Commerce & Visitors Bureau to pick up a free mineral springs brochure, detailed content chart and sampling cup. Our staff and volunteers will be glad to help you locate all of the springs and share their tasting experiences with you. These special healing waters cannot be found anywhere else.

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